

Dr. Rebecca J. Kurth, MD  
Dr Deborah P. Jones, MD  
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**Before your first appointment**

Dear Sir or Madam,

You are scheduled for a new visit appointment at the office of Drs. Rebecca J. Kurth, M.D., F.A.C.P. and Deborah P. Jones, M.D.M.P.H. The office is located at the corner of 61<sup>st</sup> Street across from the Pierre Hotel. The office is in Suite 401. Our office phone number is 212-230- 1081 and the fax number is 212-230-1359. You may also find more information about our Practice at [www.rjkurthmd.com](http://www.rjkurthmd.com).

If for any reason you need to cancel or reschedule, please inform us at least 24 hours prior to your appointment so that we may office that appointment to another patient. Failure to cancel an appointment within 24 hours prior to your appointment may result in a fee. We will call you in a day or two prior to the appointment to confirm the date and time. To get the most out of your visit, we advise the following:

1. Fast 12 hours (nothing to eat or drink except water) prior to your scheduled appointment for accurate blood test results. If you have diabetes (not on insulin), DO NOT take any diabetic medications on the morning of your visit. You MAY take all other medications with water. DO NOT take any supplements. If you use insulin pump, DO NOT fast. Please feel free to bring your medication(s) with you so that you may take them after your blood is drawn.
2. Please bring in, fax, or mail copies of any recent test results, doctor visits, and any other relevant medical records. If you are transferring your care from another physician, please request that copies of your records be transferred to Dr. Kurth or Dr. Jones.
3. Please bring in a list of the physicians you consult and their contact information.
4. Please bring in a list of the medications you take with the doses (or bring in the actual bottles). Also, bring in lists of vitamins and supplements you take on a regular basis.
5. Please bring in your insurance card (to cover laboratory services).
6. Finally, complete and bring the visit questionnaire to your appointment.

Sincerely,

Drs. Rebecca J. Kurth and Deborah P. Jones