

Dear Sir or Madam;

You are scheduled for a new visit appointment Dr. Rebecca J. Kurth. The office is located at 800A Fifth Avenue at the corner of 61st Street across from the Pierre Hotel. The office is in Suite 502A. Our office phone number is 212-230-1081 and the fax number is 212-230-1359. You may also find more information about our practice at www.rjkurthmd.com.

You will receive a confirmation call from our office prior to your appointment. If for any reason you need to cancel or reschedule, please inform us at least 24 hours prior to your appointment so that we may offer that appointment to another patient. To get the most out of your visit, we advise the following:

1. Fast 12 hours (nothing to eat or drink but water) prior to your scheduled appointment time for accurate blood test results. If you are a **diabetic** (not on insulin), **DO NOT** take any diabetic medications the morning of your visit. You may take all other medication(s) with water. **DO NOT** take any supplements. If you use insulin pump, **DO NOT** fast. Please feel free to bring your medication(s) with you so that you may take them after your blood is drawn.
2. Please bring in, fax, mail, or email copies of any recent medical reports and/or blood test results.
3. Also, bring in your insurance card, if it has changed since your last visit. This is necessary for authorization of tests and payment of lab fees.
4. Finally, complete the attached Annual Health Assessment Form. If for some reason you cannot keep this appointment, please call the office a minimum of 24 hours prior to your appointment. Failure to do so may result in a fee.

We look forward to being a part of your healthcare another year.

Sincerely,

Rebecca J. Kurth, MD